

| What they offer | Contact | Additional Contact | Area | Province | Name | Company | Price range | Link |
|--|--------------|--------------------------------|--------------|----------|----------------------|----------------------------------|------------------|---|
| Holistic Healing | 082 934 5871 | leeflack108@gmail | Cape Town | WC | Lee Ann Flack | Revathi Healing centre | Low | |
| Energy healing. Workshops. Via skype or there | 084 695 7457 | https://mail.google.com/mail/u | Cape Town | WC | Shirley Du Plessis | Life coach | Free | http://www.google.com/url?q=http%3A%2 |
| Energy Healer Laughter Leader Motivational Speak | 083 367 0975 | https://mail.google.com/mail/u | Cape Town | WC | Hayley Page-Smith | Hayley Paige Smith | Reduced RAtes | http://www.google.com/url?q=http%3A%2 |
| Workshop healing space | 083 447 6040 | Ana@mediology.co.za | Cape Town | WC | Ana Ch | Space offered | | |
| Trauma counselling | 084 614 1122 | sharonmckenzie14@gmail.co | Cape Town | WC | Sharon Mcenzie | Sharon Mckenzie Counselling | Discounted Rates | |
| Yoga and meditation | 084 688 2746 | gail.noone@gmail.com | Cape Town | WC | Gail Noone | Yoga and medatation | Discounted rates | |
| Self Defense | | nicolemirkin@hotmail.com | CPT | WC | Nicole Mirkin | Figh Back SA | Free | https://www.google.com/url?q=https%3A%2 |
| Counselling | | delia.kretzmann@gmail.com | Cape Town | WC | Deliha Kretzman | Counselling | Discounted Rates | |
| Self defenesse and Karate | 082 952 4779 | grahamfillmore@gmail.com | Cape Town | WC | Graham Fillmore | Karate | Discounted Rates | |
| Life Coach | | crawfordwellness@gmail.com | Cape Town | WC | Sharmiela Adams | Transformation Coach | | |
| Enneagram and Sexual Harassment Awareness Train | 0861 996 660 | debbie@stafftraining.co.za | Cape Town | WC | Debbie Engelbraght | Staff Training | Free | http://www.google.com/url?q=http%3A%2 |
| Trauma Counselling | | chard.ppnut@gmail.com | Garden Route | WC | Chardonnay West Head | Sisters NPO | | |
| Lawyer | | chard.ppnut@gmail.com | Garden Route | WC | Sharee West head | Sisters NPO | | |
| Body Stess Relief | 083 651 2211 | kathy@bodystress.co.za | JHB | Gauteng | Kathy | Carlswald Health Centre | Discounted rates | http://www.google.com/url?q=http%3A%2 |
| Change and forgivness counselling | 082 563 1959 | lois@loiswagnercoaching.com | JHB | Gauteng | Lois Wagner | Coach Converstations for change | | https://www.google.com/url?q=https%3A%2 |
| Trauma Counseling | 082 332 1591 | elainiec40@gmail.com | JHB | Gauteng | Elaine Crossling | Trauma Counselling | Discounted Rates | |
| Family practice Law | 082 801 9366 | https://mail.google.com/mail/u | JHB | Gauteng | Kate Llewellyn-Smith | LLEWELLYN-SMITH ATTORNEY | Reduced rates | |
| Anti rape self defense training | 083 882 7446 | https://mail.google.com/mail/u | JHB | Gauteng | Gill Fransman | Self Defense Classes | Discounted rates | |
| Trauma Advice | 082 305 0080 | valeriemardon@gmail.com | Durban | KZN | Val Maldon | Trauma advice | Free | |
| Support groups and legal | 082 850 4267 | | Durban | KZN | Karen Botha | Support groups | | http://www.google.com/url?q=http%3A%2 |
| Telephonic coueselling | | jolene_my@yahoo.co.uk | National | National | Jo Jo Mae | Free Counselling | Free | |
| Couselling company | 073 207 9079 | tina@1000women.co.za | National | National | Tina Thiar | 1000 Women Trust | Free | |
| Online trauma conselling | | welmiencoetzee@gmail.com | National | National | Elisheva Goldschmidt | Online counselling | Free | |
| Mindfulness healing and coaching | | lcoach.pets@gmail.com | National | National | Petra Milner | InTact - Subconscious Mind Coach | | |
| Yoga, healing meditation | 062 846 9929 | taryn@tarynjacobs.com | National | National | Tarryn Jacobs | | | http://www.google.com/url?q=http%3A%2 |
| advice and support | 076 723 1787 | hereluke87@gmail.com | National | National | Terry Here | Independant | | |